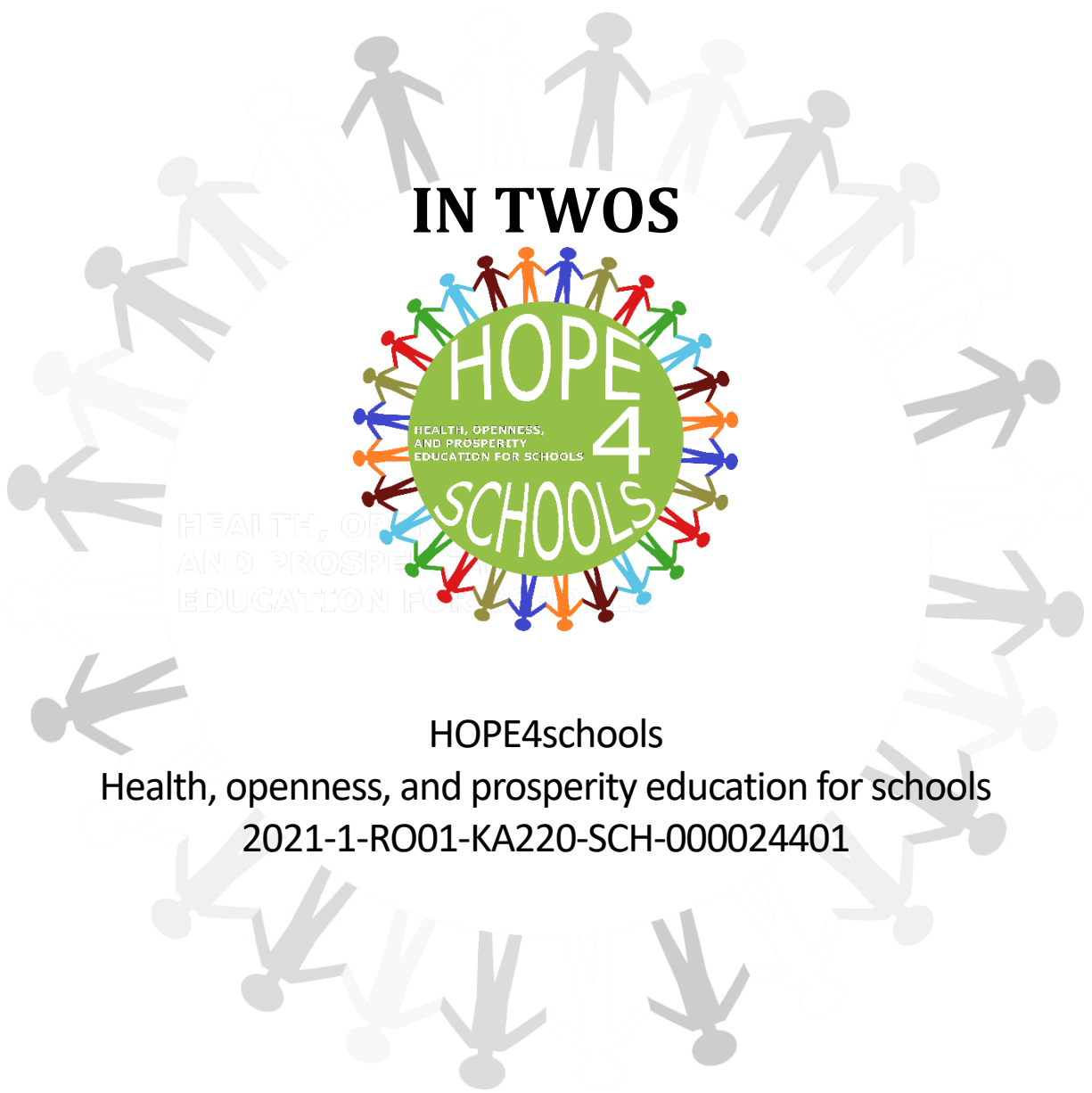




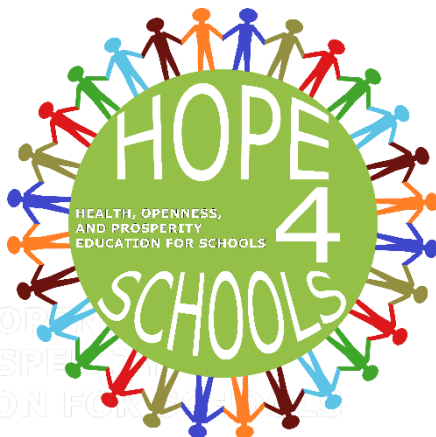
GREEK MINISTRY OF EDUCATION AND RELIGIOUS AFFAIRS
REGIONAL DIRECTORATE OF PRIMARY AND SECONDARY EDUCATION OF WESTERN MACEDONIA



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IN TWOS



HEALTH, OPENNESS, AND PROSPERITY EDUCATION FOR SCHOOLS

HOPE4schools

Health, openness, and prosperity education for schools

2021-1-RO01-KA220-SCH-000024401



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INTRODUCTION

Ice-breaking activity - great for building camaraderie and cooperation. Whether the challenge is physical, mental or academic, students cannot get through it unless they learn to work together and support each other. Easy to pull through in any setting, in or outside school classroom.

TIME ALLOCATION

10 mins

AIMS

- to value teamwork and cooperation
- to improve coordination

NECESSARY MATERIALS

String / ribbon / tape

INSTRUCTIONS

- 1) Students are paired up in twos.
- 2) The teacher / instructor ties up the right hand of one student to the left hand of another. 3) The instructor gives precise directions/commands as to what tasks the students should perform



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(most probably activities requiring the use of both hands) ie tie their shoe laces, peel an orange etc.

4) Students ought to cooperate and coordinate their movements in order to achieve the assigned task. In the meantime, the participants themselves, as well as the whole class have a great time bonding together.

5) Students take turns to perform a series of miscellaneous, fun tasks.



REFERENCES

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