







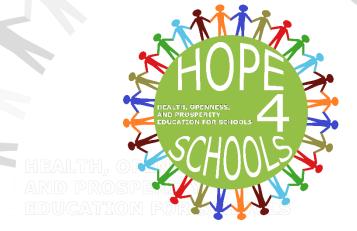






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# **School practices - Game activity**



**HOPE4schools** 

Health, openness, and prosperity education for schools 2021-1-RO01-KA220-SCH-000024401





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#### School practices - Game activity

This is an activity game - 10 Objects and 1 memory. This is an indoor group activity dedicated to teachers and pupils from primary and secondary schools.

#### Step 1:

Put 10 different objects on a table and give pupils a minute to memorise them.

#### Step 2:

Cover the objects, have the pupils spin in a circle then 'STOP' and ask them to write down on a sheet of paper as many as they can remember.

#### Step 3:

Collect the sheets of paper, then have them spin again and ask them to write down the list again. The pupil who remembers the most objects both in the first and in the second 'spin' wins the game.

#### Step 4:

Conclude the game activity by asking all pupils to complete a 'well-being information report' at the end.





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# Well-being information report

Fun fact of game activity	Benefits for classroom well-being