

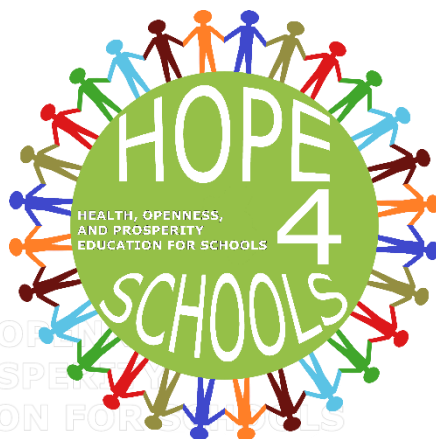


GREEK MINISTRY OF EDUCATION
AND RELIGIOUS AFFAIRS
REGIONAL DIRECTORATE OF PRIMARY
AND SECONDARY EDUCATION
OF WESTERN MACEDONIA



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KAHOOT - HEALTHY HABITS



HEALTH, OPENNESS,
AND PROSPERITY
EDUCATION FOR SCHOOLS

HOPE4schools

Health, openness, and prosperity education for schools

2021-1-RO01-KA220-SCH-000024401



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KAHOOT - HEALTHY HABITS

Access the kahoot in the link below.

Duplicate it, make it your own and then use it.

You can translate it into your own language or change it and add more questions if you want to.

Have fun!

<https://create.kahoot.it/details/5453a3c5-bad7-4a8d-997b-cc6d741e70bf>



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Kahoot!

Healthy Habits

Healthy Habits

0 plays • 0 players

A public kahoot



Questions (14)

1 - Quiz

How many hours of sleep do you need every night?



2 - Quiz

What is the EASIEST way to be healthy?



3 - Quiz

True or False: Smoking cigarettes is good for you.



4 - Quiz

How many times a day should you brush your teeth?



5 - Quiz

What is an example of a healthy food?



6 - Quiz

How many cups of water should you drink every day?



7 - Quiz

How often should you (a normal person) exercise?



8 - Quiz

True or False: Sunblock causes skin cancer.



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9 - Quiz

What do you need to be healthy?

**HEALTHY
AND
HAPPY :)**

10 - Quiz

Is it okay to eat unhealthy foods (McDonald's, pizza, kebab)?



11 - Quiz

True or False: Vaccines are important.



12 - Quiz

How many hours a day should you spend on the computer/watching TV/playing videogames?



13 - Quiz

What can you do if you feel stressed?



14 - Quiz

True or False: You should always wear a seatbelt when travelling by car.



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